



McCabe Park Regional Community Center

101 46th Avenue North, Nashville, TN 37209 – (615) 862-8457

	Monday 6:00am-8:30pm	Tuesday 6:00am-8:30pm	Wednesday 6:00am-8:30pm	Thursday 6:00am-8:30pm	Friday 6:00am-7:30pm	Saturday 8:00am-4:00pm
<p>2026 Summer Program Schedule <i>(subject to change)</i></p> <p>Facility Coordinator Pam Caban</p> <p>Program Coordinator Kenneth Beard</p> <p>Sr. Rec Leader Shanda Cockrill</p> <p>Office Support Representative Jules Garcia</p> <p>Recreation Leader Collin Herron Walter Milton Devin North Chris Slaughter Ivy Williamson Felissa Reese</p> <p>Teen/Family Program</p> <p>Adult Program</p> <p>Fitness Classes</p> <p>Youth Program</p> <p>Disability Program</p>	<p>6:00am-8:30am Adult Basketball</p> <p>9am-4:00pm Youth Summer Enrichment Program (Registration is required ages 6-14)</p> <p>4:00pm-5:45pm Teen & Family Open Gym</p> <p>5:30pm-6:15pm POUND w/ Debbie May (\$4)</p> <p>6:00pm-8:15pm Volleyball</p>	<p>6:00am-7:00am Zumba w/ Janet (\$4)</p> <p>6:00am-8:30am Adult Basketball</p> <p>9am-4:00pm Youth Summer Enrichment Program (Registration is required ages 6-14)</p> <p>4:00pm-5:45pm Teen & Family Open Gym</p> <p>5:30pm-6:30pm TKO Tuesday w/ Brandon (\$4)</p> <p>6:00pm-8:15pm Adult Basketball</p> <p>6:30pm-8:15pm Nashville Int'l Folk Dance (\$3)</p>	<p>6:00am-8:30am Adult Basketball</p> <p>10:00am-11:00am Senior Strength w/ Tristan Trotter (\$4)</p> <p>9am-4:00pm Youth Summer Enrichment Program (Registration is required ages 6-14)</p> <p>4:00pm-5:45pm Teen & Family Open Gym</p> <p>5:30pm-7:00pm Achilles Program</p> <p>6:00pm-8:15pm Pickleball</p>	<p>6:00am-7:00am Zumba w/ Janet (\$4)</p> <p>6:00am-8:30am Adult Basketball</p> <p>9am-4:00pm Youth Summer Enrichment Program (Registration is required ages 6-14)</p> <p>4:00pm-5:45pm Teen & Family Open Gym</p> <p>6:30pm-7:30pm Line Dance w/ Felissa</p> <p>6:00pm-8:15pm Adult Basketball</p> <p><i>*On days when MNPS are out and we are open, we run "Out of School" programming for ages 6-14 from 10:00am-4:00pm. We will adjust other programs accordingly. *</i></p>	<p>6:00am-8:30am Adult Basketball</p> <p>10:00am-11:00am Senior Strength w/ Tristan Trotter (\$4)</p> <p>9am-4:00pm Youth Summer Enrichment Program (Registration is required ages 6-14)</p> <p>4:00pm-5:45pm Teen & Family Open Gym</p> <p>6:00pm-7:15pm Family Open Gym</p>	<p>10:30am-11:30am Dance Fit w/ Kat (\$4)</p> <p>8:00am-10:00am Family Gym</p> <p>10:00am-12:00pm Pickleball</p> <p>12:00pm-2:00pm Volleyball</p> <p>2:00pm-3:45pm Adult Basketball</p> <p>Membership Fees:</p> <p>Fitness Classes \$4.00</p> <p>Daily Pass Adult \$3.00 Teens (13-17) and Senior (62+) \$1.50</p> <p>10 Visit Gym Pass Adult \$20.00 Teens and Seniors \$10.00</p> <p>Monthly Pass Adult \$30.00 Teens and Seniors \$20.00</p> <p>10 Pass Class Card \$40.00</p>
	<p>For more info, visit: parks.nashville.gov</p> <p> Like us on facebook</p> <p>@ McCabe Park Community Center</p>					

We are available for parties, meetings, dinners, reunions, and more. For information on reserving space, stop by or contact us at (615) 862-8457.