

Sevier Park Regional Community Center

3021 Lealand Lane Nashville, TN 37204 615-862-8466

(\$) – Paid Class

Cultural Arts
Toddler Programming
Fitness Classes
Special Features
Youth Programming
Adult Programming

Summer 2026
Activity Schedule
Effective 5/21/26

Facility Coordinator
Randy Crawley, Jr.

Program Coordinator
Hannah Martinez-Garcia

Sr. Recreation Leader:
Tara Steele

Office Support Representative
David Johnson

Recreation Leaders
Arkee Perkins
Myk Martin
Tony McCrady
Tracye Davis
Koi Lacy
Fenise Miles

***All participants**
ages 15 and under
must be
accompanied by
an adult.



Monday

6:00am-8:15pm

(\$) Fitness Center & Indoor Track

8:30am-9:30am
Walk It Out
w/ Mr. Tony
(Walking Club)

9:00am-10:30am
Adult Ballet
(\$4) (Senior)/**(\$10)** (Adult)

7:00am-10:00am
Open Badminton

9:00am-4:00pm
Summer Enrichment Program
Registration Required

12:00pm-1:00pm
Open Basketball

4:00pm-8:00pm
Family Open Gym

6:00pm-8:00pm
English Country Dancing

6:00pm-7:30pm
Paint Nights w/ Ms. Hannah
[1st and 3rd every month]
Registration Required

Tuesday

6:00am-8:15pm

(\$) Fitness Center & Indoor Track

6:00am-8:00am
Open Basketball

9:00am-10:30am
Adult Ballet
(\$4) (Senior)/**(\$10)** (Adult)

9:30am-10:30am
(\$4) Lo-Impact Strength
w/ Mr. Tristan

10:45am-11:45am
Toddler Activities
(Ages 1-4)

9:00am-4:00pm
Summer Enrichment Program
Registration Required

4:00pm-6:00pm
Family Open Gym

6:15pm-8:00pm
Open Pickleball

***For private gymnasium**
usage, please contact
our front desk for after-
hour reservation
information.*

Wednesday

6:00am-8:15pm

(\$) Fitness Center & Indoor Track

8:30am-9:30am
Walk It Out
w/ Mr. Tony
(Walking Club)

8:00am-10:00am
Open Badminton

9:00am-4:00pm
Summer Enrichment Program
Registration Required

9:00am-10:00am
(\$4) Tai Chi II
For >2 years of experience
Tai Chi
w/ Ms. Jen Jen

10:00am-11:00am
(\$4) Tai Chi I
Beginner & Open Levels
w/ Ms. Jen Jen

10:00am-11:30am
Witty Knitty Knitters
(Knitting & Crochet Club)

11:15am-12:15pm
(\$5) West African Dance
w/ Windship

12:00pm-1:00pm
Open Basketball

1:30pm-2:30pm
(\$4) Gentle Pilates
w/ Kari

4:00pm-5:00pm
Limited Family Open Gym

6:15pm-8:00pm
Open
Indoor Volleyball

Thursday

6:00am-8:15pm

(\$) Fitness Center & Indoor Track

6:00am-8:00am
Open Basketball

9:00am-10:30am
Adult Ballet
(\$4) (Senior)/**(\$10)** (Adult)

9:30am-10:30am
(\$4) Lo-Impact Strength
w/ Mr. Tristan

9:00am-4:00pm
Summer Enrichment Program
Registration Required

4:30pm-6:30pm
Queen's Court
Women Hoop Session [5v5]

5:30pm-6:30pm
Fitness Center Orientation
Registration Required
[First Thursday of each month]

6:30pm-7:30pm
(\$4) B. Fab Dance Cardio

6:30pm-8:00pm
Open Badminton

Friday

6:00am-7:15pm

(\$) Fitness Center & Indoor Track

6:00am-8:00am
Open Basketball

8:00am-10:00am
Open Pickleball

10:00am-11:30am
Witty Knitty Knitters
(Knitting & Crochet Club)

9:00am-4:00pm
Summer Enrichment Program
Registration Required

5:00pm-7:00pm
Open
Indoor Volleyball

6:15pm-7:15pm
Line Dancing
[1st and 3rd every month]

Saturday

8:00am-3:45pm

(\$) Fitness Center & Indoor Track

8:00am-9:30am
Adult Basketball [5v5]

9:45am-10:45am
(\$4) Lo-Impact Strength
w/ Charturah

11:00am- 1:15pm
Family Fun Zone

1:30pm-3:30pm
Open Pickleball

***Showers are closed**
during After-School and
Day Camp programming
times. See front desk for
details.*

***Schedule is subject**
to change
during Metro Nashville
Public School breaks
to accommodate
students*

Fitness Center
Memberships & Fees:

Daily Pass

Adult \$3.00
Teens/Senior/Military
\$1.50

10 Visit Pass

Adult \$20.00
Teens/Senior/Military
\$10.00

Monthly Pass

Adult \$30.00
Teens/Senior/Military
\$20.00

"Senior" = 62yrs and up
"Teens" = 13yrs-17yrs



@SevierParkCommunity
Center



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Paint Nights:

Paint Nights is a free Art program dedicated for the community to socialize and engage in structured step by step painting activities with in-person instruction. Bring your own sketchbook or canvas and joins us for a very artistic hour!

Line Dancing:

Free line dancing at Sevier! Get ready to step, slide and shuffle! Ages 15+

Fitness Center Orientation:

Join us for our Fitness Center Orientation, designed for newcomers to our facility or those new to the gym experience. This session will guide you through our equipment, amenities, and best practices to help you feel confident and comfortable in your fitness journey. Let us show you how to make the most of your workouts in a supportive and welcoming environment!

B.fab fitness:

B.fab's our own choreography of simple dance moves set to hip-hop, pop, Latin and even a little Bollywood. A high-energy, epic good time that will leave you with a sweat and a smile. No experience is required, just a desire to move and have fun!

West African Dance W/ Windship:

Join Windship Boyd to explore together different dances from West Africa (primarily Guinean dances) with a focus on the fundamentals, feeling the music, and the joy of movement. Windship has been studying dance in West Africa for over 15 years and recently returned from an extended stay. All levels welcome. Class meets every Wednesday.

The Mission of the Metropolitan Board of Parks and Recreation - To provide every citizen of Nashville and Davison County with an equal opportunity for safe recreational and cultural activities within a network of parks and greenways that preserves and protects the region's natural resources.

*****Metro Parks does not discriminate on basis of age, race, sex, color, national origin, religion or disability in admission to, access to or operations of its programs, services, or activities.**

The Metro Board of Parks and Recreation does not discriminate on the basis of age, race, sex, color, national origin, or disability in admission, access to, or operation of its programs, services, or activities. For TTY (relay service), please call 1-800-849-0299. For questions, concerns, or requests regarding the American Disabilities Act call 615-862-8400.

This schedule is subject to change.

For more information, contact Hannah Martinez-Garcia. at Hannah.Martinez-Garcia@nashville.gov or 615-862-8466.