



# Summer Programs 2026



1900 Davidson Street  
Nashville, TN 37206  
(615) 862-8539

shelbybottoms@nashville.gov  
sbnc.nashville.gov

## Seasonal Topics

**Wildflowers:** In June, you can see Milkweed (pink, right) blooming by the Nature Center. Our iconic Tickseed Sunflower (yellow, above) typically blooms by the Observation Deck in early August, which also brings tall Ironweed (purple) and Boneset (white).



**Shelby Bottoms Nature Center**  
Tues/Thurs/Sat: 9 am - 4 pm  
Wed/Fri: 12 - 4 pm

**Shelby Bottoms Greenway and Trails**  
Open dawn to dusk, 365 days a year!

## On Repeat

Contact the Nature Center for ADA accommodations 

### Afternoon Tea



**1st Friday** of the month  
2 - 3 pm  
No Registration Required

Close out the week and enjoy the summer with a selection of iced and hot teas from High Garden Tea, featuring the Shelby Bottoms Blend.  
Leader: SBNC Staff



### Early Bird Coffee Social

**1st Saturday** of the month  
9 am - 12 pm  
No Registration Required

Enjoy Shelby Bottoms with a cup of our "For the Birds" Bird Friendly® certified coffee. Stay and learn about the connection between bird habitat, coffee, and native wildflowers, or take a cup to go into the park.  
**This program will not occur on Saturday, July 4.**



### Ask a Master Gardener

**1st Saturday** of the month  
10 am - 12 pm  
All Ages  
No Registration Required

Drop in with your questions and curiosity! Members from the University of Tennessee Extension, Master Gardeners of Davidson County will be available at a table to share their knowledge. **This program will not occur on Saturday, July 4.**  
Leader: Master Gardeners of Davidson County

### Nature Storytime



**1st Wednesday** of the month  
10 am  
No Registration Required

Join us as we read nature-themed books and celebrate the park. All ages welcome!  
Leader: SBNC Staff & Volunteers

### Early Morning Bird Hike

**2nd Saturday** of the month  
8 - 9:30 am  
Ages 15+  
Registration Required

Join us on a guided bird hike at one of the park's trailheads. Binoculars are available to borrow, and all levels of experience are welcome. Registered participants will be notified of the meeting location each month.  
Leader: Lena Friedman

To register, email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call (615) 862-8539

# June

 <b>Tiny Hike</b>	Friday, June 5 10 - 11 am Ages 4 & Under Registration Required	Join us on an outdoor adventure as far as our little legs can take us! Tiny naturalists and their caregivers will traipse through the woods together on our guided exploration. Strap on your baby and dress for the weather, no strollers preferred. Leader: Amanda Healan & Julie Henry (Volunteer Naturalists)
<b>Ecology Board Game Café</b>	Saturday, June 6 9 am - 2 pm Ages 6+ No Registration Required	Come enjoy iced or hot drinks and ecology-themed board games. Play a game we own or bring one with you; come with friends or make some new ones! Most of our games are rated for 13 and up, but we have options for younger participants as well. Leader: SBNC Staff
 <b>Erosion Exploration</b>	Tuesday, June 9 9 am - 12 pm All Ages No Registration Required	Come to Nature Play anytime this morning for a hands-on learning experience with Metro Water. Kids of all ages will learn about erosion and protecting creeks from soil pollution. Parents can explore the TN Smart Yard program and take home free rain gauges and free Music City Gold fertilizer samples. Leader: Gretchen Judkins ( <a href="#">Metro Water Services</a> )
<b>Nature Play: Muddy Waters</b>	Wednesday, June 10 10 - 11 am Registration Required All Ages	Join us at Nature Play for some water play and fun! Plan to get dirty and enjoy a group snack in the shade after. Leader: John Michael Cassidy & Seasonal Staff
<b>Writing in the Wild</b>	Friday, June 12 10 - 11 am Ages 18+ No Registration Required	Join us for this casual writing group! Nature-themed prompts will be provided at each gathering to inspire, with optional time to share at the end. Bring your favorite writing tools and connect with others in the community. All experiences and genres welcome! Leader: Volunteer <a href="#">Kelsey D. Mahaffey</a> .
 <b>Fireflies at Forrest Green</b>	Friday, June 12 7:45 - 9 pm All Ages Registration Required	The forest wakes up as the sun goes down! Meet us at the Forrest Green Dr. trailhead to search for all kinds of nighttime critters, especially fireflies (and maybe even bats, owls, and other nocturnal residents!). Leader: Perry Haga
<b>Rebuilding Biodiversity: A Native Plant Walk</b>	Saturday, June 13 10 - 11 am All Ages Registration Required	Join Cayty (Installation Team Lead and Native Habitat Educator) on a walk for all ages exploring how Tennessee native plants support biodiversity, why insects are essential to ecosystems, and how residential landscapes can be part of the ecological solution. Leader: Cayty Stubblefield ( <a href="#">Habitat Landscapes</a> )
<b>Local Rivers Paddle</b>	Saturday, June 13 10 am - 2 pm Ages 14+ \$25/participant	We will meet at a local stream access for a downriver trip--the exact location will be chosen based on water levels as we near the program date. All gear and instruction is provided. Participants should have some previous paddling experience. New to paddling? Check out the flatwater options offered by Metro Parks Outdoor Recreation at the lake instead for a great skills/confidence-builder. Leader: Krista Allen ( <a href="#">Metro Nashville Outdoor Recreation</a> ) & John Michael Cassidy
 <b>Tunes and Trails</b>	Saturday, June 13 1 - 2 pm Ages 12+ Registration Required	See what Nashville's nature lovers are listening to as you explore trails together. Registrants are encourage to submit a favorite song, which will be added to a collaborative playlist for the hike (or listen to any music you'd like and just enjoy the company). Please bring headphones to avoid any noise pollution as we hike. Leader: Seasonal Naturalist Braxton Sommers
<b>Relaxing Sound Bath</b>	Saturday, June 13 4 - 5 pm Ages 13+	Join certified sound healing facilitator and professional upright bass player John Paul for a vibey sound bath in the Nature Center featuring crystal singing bowls, upright bass, chimes, ukulele and more. Leader: Volunteer John Paul ( <a href="#">Sunblink Sounds</a> )

To register, visit [rebrand.ly/SBNCsound](https://rebrand.ly/SBNCsound)

To register, email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call (615) 862-8539



### Canoes Only!

Tuesday, June 16  
3 - 8 pm  
Ages 14+ \$25/participant

Email [outdoorrec@nashville.gov](mailto:outdoorrec@nashville.gov) or  
call/text 615-642-9745 to register

Canoes only! Meet us at Hamilton Creek Park on Priest Lake to practice solo and tandem canoeing skills. We will be working on skills to help you feel confident while out on the water, then use those skills to tour the lake. Gear provided; if participants have their own canoes, we'd prefer to instruct in what you'd normally paddle in.

Leader: SBNC & [Metro Nashville Outdoor Recreation](#) Staff

### Fireflies at Lytle Bend

Wednesday, June 17  
7:45 - 9 pm  
All Ages  
Registration Required

Let's explore a new park while searching for nocturnal critters! We will meet at Lytle Bend Park and hike the meadows while on the hunt for fireflies and any other sights and sounds of nature at night.

Leader: Perry Haga

### Nature Center Puppet Show

Thursday, June 18  
10 - 10:30 am  
All Ages  
No Registration Required

Enjoy a feature presentation from our cast of puppets at the Shelby Bottoms Nature Center! Titles and topics may be posted the week of the show.

Leader: SBNC Staff & Volunteers

## The Nature Center will be CLOSED 6/19 for Juneteenth

### Jr. Naturalist: Ready to Hike

Saturday, June 20  
10 am - 12 pm  
Ages 6+  
Registration Required

There are lots of parks and trails in Nashville where a Jr. Naturalist can get outside, but the first step is preparation! Come learn how to plan a hike, pack a backpack, and other important outdoor skills for anyone ready to explore in nature.

Leader: SBNC Staff

### Sparkleheart Sound Bath & Karst Studio Pop-up

Saturday, June 20  
3 - 4 pm  
All Ages  
No Registration Required

Join mother/daughter band Sparkleheart for a family-friendly sound bath experience. Grown ups relax and enjoy the soothing sounds of crystal bowls, gongs, and more. Kids can enjoy art exploration with The Karst Art Studio. Bring a mat or blanket if you want.

Leader: [Sparkleheart Sound Baths](#) & [Karst Studio](#)

### Paddle the Cumberland

Tuesday, June 23  
9 am - 12 pm  
Ages 14+ \$25/participant

Email [outdoorrec@nashville.gov](mailto:outdoorrec@nashville.gov) or  
call/text 615-642-9745 to register

We will meet at a Cumberland boating access location for a downriver trip--the exact starting location will be chosen based on water levels as we near the program date. All gear and instruction is provided. Participants should have some previous paddling experience. New to paddling? Check out the flatwater options offered by Metro Parks Outdoor Recreation at the lake instead for a great skills/confidence-builder.

Leader: Krista Allen ([Metro Nashville Outdoor Recreation](#)) & John Michael Cassidy

### Makerspace: Biomimicry

Saturday, June 27  
1 - 3 pm  
Ages 6+  
No Registration Required

Many amazing innovations have been modeled after animals and nature in a process called biomimicry. Stop in to take on some engineering challenges, create nature-inspired inventions of your own, and test them out in our pop-up makerspace.

Leader: SBNC Staff

### Evening Bird Walk

Tuesday, June 30  
6 - 8:30 pm  
All Ages  
Registration Required

Bring your binoculars or borrow some of ours as we explore the many different bird habitats at Shelby Bottoms! Come learn about the many exciting species that call the park home.

Leader: Seasonal Naturalist Patrick Oakes

## July

### Shelby Bottoms Close Encounters

Thursday, July 2  
8 - 9 pm  
Ages 10+  
Registration Required



Let's celebrate World UFO Day! What's in the sky over Shelby Bottoms? Join us for a special night hike at Cornelia Fort Airpark trailhead in Shelby Bottoms as we talk about local UFO stories and what we can identify that's flying around in the dark.

Leader: Lena Friedman & Hazel Miller

### Garden Party

Friday, July 3  
10 - 11 am  
All Ages  
No Registration Required



Join us for a garden party! We will harvest what can be harvested, enjoy snacks and cold drinks, and talk about all things gardening. Chat with fellow gardeners to share recipes, learn tips and tricks, and make friends.






Leader: Hazel Miller

To register, email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call (615) 862-8539

**The Nature Center will be CLOSED 7/4 for Independence Day**

 <p><b>Writing in the Wild</b></p>	<p>Friday, July 10 10 - 11 am Ages 18+ No Registration Required</p>	<p>Join us for this casual writing group! Nature-themed prompts will be provided at each gathering to inspire, with optional time to share at the end. Bring your favorite writing tools and connect with others in the community. All experiences and genres welcome! Leader: <a href="#">Volunteer Kelsey D. Mahaffey</a></p>
<p><b>Recycled Craft Night: Collage</b></p>	<p>Friday, July 10 5:30 - 7:30 pm Ages 16+ Registration Required</p>	<p>Collage is a very fun way to express yourself and create works of art--join us for recycled collage night! We'll have plenty of materials to repurpose for both collaging with and on, and feel free to bring along anything you've been wanting to use as well. Leaders: Hazel Miller &amp; Lena Friedman</p>
<p><b>Bird Friends of Shelby Guided Hike</b></p>	<p>Saturday, July 11 8 - 9:30 am Ages 15+ Registration Required</p>	<p>Join us on this special edition of our 2<sup>nd</sup> Saturday Early Morning Bird Hike with local birder and featured artist Ariel Dunham. Afterwards, stick around the Nature Center to chat with Ariel at the closing of the "Bird Friends of Shelby" art exhibit. Leader: Ariel Dunham (<a href="#">birdfriendsofshelby</a>) &amp; SBNC Staff</p>
<p><b>Exhibit Closing: "Bird Friends of Shelby"</b></p>	<p>Saturday, July 11 9:30 - 10:30 am All Ages No Registration Required</p>	<p>Help us say goodbye to this wonderful art exhibit! Artist Ariel Dunham will be on-site to chat with visitors and share stories and knowledge about bird residents in Shelby Bottoms. Want the insider scoop? Join us for a special bird hike earlier in the morning! Leader: Ariel Dunham (<a href="#">birdfriendsofshelby</a>)</p>
<p><b>Planting Seeds &amp; Writing Songs</b></p>	<p>Saturday, July 11 11 am - 12 pm Ages 18+ Registration Required</p>	<p>Collaborate with fellow songwriters as you learn to take care of and plant tomato seeds. Bring any instruments you need as you showcase and brainstorm ideas. We also encourage you to participate in the Blackberry Jam happening later in the day! Leader: Seasonal Naturalist Braxton Sommers</p>
 <p><b>Blackberry Jam</b></p>	<p>Saturday, July 11 1 - 3 pm All Ages No Registration Required</p>	<p>Calling all pickers and blackberry lovers! Join us to celebrate our favorite park fruit. Lend your voice or instrument to an all-levels jam session, bring a blackberry treat to the recipe showcase, or come to listen and taste-test! Enter your blackberry treat into our friendly competition by filling out the form at <a href="https://rebrand.ly/FOS-Jam">rebrand.ly/FOS-Jam</a>. Leader: Volunteer Amanda Healan &amp; <a href="#">Friends of Shelby</a></p>
<p><b>Relaxing Sound Bath</b></p>	<p>Saturday, July 11 4 - 5 pm Ages 13+</p>	<p>Join certified sound healing facilitator and professional upright bass player John Paul for a vibey sound bath in the Nature Center featuring crystal singing bowls, upright bass, chimes, ukulele and more. Leader: Volunteer John Paul (<a href="#">Sunblink Sounds</a>)</p>
<p><b>Four Habitats, One Mile</b></p>	<p>Sunday, July 12 8 - 9:30 am All Ages No Registration Required</p>	<p>Explore four habitats in one mile on the Ecology Trail! This guided hike starts and ends at the Nature Center. See how changes in the landscape create changes in the plant and animal communities. This short trail is a wildlife watching wonderland. Leader: Grant England (<a href="#">Friends of Shelby</a>)</p>
 <p><b>Eager Beavers</b></p>	<p>Tuesday, July 14 9:30 - 10:30 am Ages 5+ Registration Required</p>	<p>Beavers are incredible ecosystem engineers! How do you measure up? Come learn about beaver dams and participate in a building challenge. Be prepared to get wet and muddy! Leader: Perry Haga</p>
<p><b>Colors &amp; Frutas of Summer</b></p>	<p>Wednesday, July 15 2 - 3 pm Registration Required All Ages</p>	<p>Join us for tasty treats and a short walk to look for colorful insects and birds around campus. To end, we will have a mix of traditional Mexican style fruit and toppings to enjoy on the porch while watching hummingbirds. Leader: John Michael Cassidy</p>
<p><b>Sunset Critter Hike</b></p>	<p>Wednesday, July 15 7:30 - 8:30 PM All Ages Registration Required</p>	 <p>What kind of critters are using the beaver pond? Are bats out in the meadows? Only one way to find out! Join us at the Forrest Green Dr. Trailhead in Shelby Bottoms to search for the wildlife that comes out at night. Leader: Perry Haga</p>

**To register, email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call (615) 862-8539**

<b>Nature Center Puppet Show</b>	Thursday, July 16 10 - 10:30 am All Ages No Registration Required	Enjoy a feature presentation from our cast of puppets at the Shelby Bottoms Nature Center! Titles and topics may be posted the week of the show.  Leader: SBNC Staff & Volunteers
<b>Local Waters Paddle</b>	Friday, July 17 10 am - 2 pm Ages 14+ \$25/participant	We will meet at a local river or lake--the exact location will be chosen based on water levels and temperatures as we near the program date. All gear and instruction is provided. Participants should have some previous paddling experience. New to paddling? Check out the flatwater options offered by Metro Parks Outdoor Recreation at the lake instead for a great skills/confidence-builder.  Leader: Krista Allen ( <a href="#">Metro Nashville Outdoor Recreation</a> ) & John Michael Cassidy
<b>Email <a href="mailto:outdoorrec@nashville.gov">outdoorrec@nashville.gov</a> or call/text 615-642-9745 to register</b>		
<b>Sparkleheart Sound Bath &amp; Karst Studio Pop-up</b>	Friday, July 17 11 am - 12 pm All Ages No Registration Required	Join mother/daughter band Sparkleheart for a family-friendly sound bath experience. Grown ups relax and enjoy the soothing sounds of crystal bowls, gongs, and more. Kids can enjoy art exploration with The Karst Art Studio. Bring a mat or blanket if you want.  Leader: <a href="#">Sparkleheart Sound Baths</a> & <a href="#">Karst Studio</a>
<b>Family Square Dance</b>	Friday, July 17 5 - 6 pm All Ages No Registration Required	Join us on the special events field (between Nature Play and the Nature Center) for an all ages square dance! Adults, tiny dancers, and big kids welcome. Bring a picnic if you like, and get ready to swing your partner to a live band.  Leader: Volunteers Amanda Healan & Brent Fernandez
		
<b>Jr. Naturalist: Tree Talk</b>	Saturday, July 18 10 - 11:30 am Ages 8+ Registration Required	Calling all tree lovers! This month in Jr. Naturalists we will deep dive into the world of trees. We'll examine leaves, gain vocabulary, and learn how to use a dichotomous key, then take that new knowledge out into the woods to ID our local trees.  Leader: Lena Friedman
<b>Ecology Board Game Café</b>	Saturday, July 18 12 - 2 pm Ages 6+ No Registration Required	Come enjoy iced or hot drinks and ecology-themed board games. Play a game we own or bring one with you; come with friends or make some new ones! Most of our games are rated for 13 and up, but we have options for younger participants as well.  Leader: SBNC Staff
		
<b>Exhibit Opening: Bird Magic</b>	Saturday, July 18 3 - 5 pm All Ages No Registration Required	Liz Clayton Fuller, known as <a href="#">ipaintbirbs</a> , is a Nashville artist who specializes in painting birds. Liz's work is suffused with their love of nature as she strives to bring the joy of experiencing birds into her work. Liz enjoys documenting bird life through art with a mix of humor, whimsy, and realism. Find Liz online as <a href="#">@ipaintbirbs!</a>
		
<b>Moth Watch</b>	Tuesday, July 21 8 pm - 12 am Ages 8+ Registration Required	It's Moth Watch week! Opportunities to view and participate in this community science project are happening at nature centers and parks across Nashville this week. Join us to learn about moths, gain some ID skills, and help us gather data on the moth population at Shelby Bottoms. (The timeframe is accurate--science has no bedtime!)  Leader: SBNC Staff
		
<b>Petals &amp; Pedals</b>	Wednesday, July 22 6 - 8 pm Ages 13+	Come with us for a scenic bike ride on the Shelby Bottoms Greenway. We'll make several stops to explore the park's rich plant life. We'll focus on identifying plants not just by their flowers, but by their seeds and late-season changes. Bring your own bike if you have one. A limited number of bikes are available to reserve.  Leaders: Krista Allen ( <a href="#">Metro Nashville Outdoor Recreation</a> ) & John Michael Cassidy
<b>Email <a href="mailto:outdoorrec@nashville.gov">outdoorrec@nashville.gov</a> or call/text 615-642-9745 to register</b>		
<b>Cornelia Fort History Hike</b>	Friday, July 24 6 - 7 pm Ages 14+ Registration Required	Meet us at the trailhead at Cornelia Fort Airpark to learn all about the history of the Airpark, the incredible woman that it's named after and why, and about current conservation efforts.  Leader: Hazel Miller

**To register, email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call (615) 862-8539**

## Wizards & Woodlands



Saturday, July 25  
12:30 - 4 pm  
Ages 18+  
Registration Required

Join the Magical Invasive Removal Crew in a high-action Dungeons & Dragons adventure with options for both newer and veteran players! Come pick one of our pre-made character sheets, join a table, and venture out. Younger participants with game experience are welcome to join with an adult. Some familiarity with D&D or similar games is recommended (but not required).

Leader: SBNC Staff & Volunteers

## August

### Beginner Tree Identification

Saturday, August 1  
10 - 11:30 am  
Ages 15+  
Registration Required

Shelby Bottoms is home to a beautiful diversity of trees; if you've ever wanted to start learning how to tell the differences between all of them, now is your chance!

Leader: Seasonal Naturalist Patrick Oakes

### Ecology Board Game Café

Saturday, August 1  
12:30 - 3:30 pm  
Ages 6+  
No Registration Required

Come enjoy iced or hot drinks and ecology-themed board games. Play a game we own or bring one with you; come with friends or make some new ones! Most of our games are rated for 13 and up, but we have options for younger participants as well.

Leader: SBNC Staff

### End of Summer Ice Cream Social



Saturday, August 1  
2 - 3 pm  
All Ages  
No Registration Required

Come celebrate the end of summer break and the beginning of a new year of learning with a cup of delicious ice cream! We will have a selection of fun, homemade park-themed flavors in addition to the classics.

Leader: SBNC Staff

### Recycled Craft Night: Paper Beads

Friday, August 7  
6 - 7:30 pm  
Ages 12+  
Registration Required

A craft that evolved out of the "waste not, want not" mentality, paper beads are now made globally to promote sustainability and economic empowerment. Come learn how and enjoy a crafty evening at the Nature Center!

Leader: Perry Haga

### Sparkleheart Sound Bath & Karst Studio Pop-up

Saturday, August 8  
10 - 11 am  
All Ages  
No Registration Required

Join mother/daughter band Sparkleheart for a family-friendly sound bath experience. Grown ups relax and enjoy the soothing sounds of crystal bowls, gongs, and more. Kids can enjoy art exploration with The Karst Art Studio. Bring a mat or blanket if you want.

Leader: [Sparkleheart Sound Baths & Karst Studio](#)

### Tomato Talk: Culture, History, and Why We Love Them

Saturday, August 8  
2 - 3 pm  
Ages 16+  
Registration Required

Come learn all about tomatoes- their history, cultural and culinary connections, and why they're important enough to celebrate.

Leader: Hazel Miller



### Summer Evening Bird Walk

Wednesday, August 12  
6 - 8 pm  
Registration Required  
Ages 18+

Starting at the Shelby Community Center, we will walk down the hill to Lake Sevier. A beginner and bird-curious friendly outing, we will focus on resident/migratory birds and numerous accessible habitats.

Leader: John Michael Cassidy

### Writing in the Wild



Friday, August 14  
10 - 11 am  
Ages 18+  
No Registration Required

Join us for this casual writing group! Nature-themed prompts will be provided at each gathering to inspire, with optional time to share at the end. Bring your favorite writing tools and connect with others in the community. All experiences and genres welcome!

Leader: Volunteer [Kelsey D. Mahaffey](#)

### Nature Center at Night


Friday, August 14  
6 - 9 pm  
All Ages  
No Registration Required

What happens at the Nature Center when the sun goes down? Come enjoy some after-hours exploration, learn about nocturnal wildlife, watch a movie, or make a s'more!

Leader: SBNC Staff



To register, please email us at [shelbybottoms@nashville.gov](mailto:shelbybottoms@nashville.gov) or call at (615) 862-8539

<b>Local Flat Water Paddle</b>	Saturday, August 15 8 am - 2 pm Ages 14+ \$25/participant	Perfect for beginners looking for a fun challenge, this guided paddling adventure is a great way to explore Middle Tennessee's waterways while building confidence on the water. We will meet at a local river or lake, with the exact location selected closer to the program date based on water levels and conditions. All gear and instruction are provided. Leader: Krista Allen ( <a href="#">Metro Nashville Outdoor Recreation</a> ) & John Michael Cassidy
Email <a href="mailto:outdoorrec@nashville.gov">outdoorrec@nashville.gov</a> or call/text 615-642-9745 to register		
<b>Makerspace: Biomimicry</b>	Saturday, August 15 1 - 3 pm Ages 6+ No Registration Required	Many amazing innovations have been modeled after animals and nature in a process called biomimicry. Stop in to take on some engineering challenges, create nature-inspired inventions of your own, and test them out in our pop-up makerspace. Leader: SBNC Staff
<b>Nature Center Puppet Show</b>	Thursday, August 20 10 - 10:30 am All Ages No Registration Required	Enjoy a feature presentation from our cast of puppets at the Shelby Bottoms Nature Center! Titles and topics may be posted the week of the show. Leader: SBNC Staff & Volunteers
<b>Jr. Naturalist: Crepuscular</b>	Friday, August 21 6:30 - 8 pm Ages 6+ Registration Required	Science doesn't have a closing time. Join us for a special Jr. Naturalist sunset hike as we use our science skills to explore the park as it transitions from day to night. Leader: Lena Friedman
<b>Nature Poetry</b> 	Friday, August 21 6:30 - 7:30 pm Ages 18+ Registration Required	Nature is featured often in poetry- come explore some contemporary poetry featuring nature, and learn how and why it's used so often in this literary art. Leader: Hazel Miller
<b>Nashville Native Plant Symposium</b>	Saturday, August 22 9 am - 4 pm	Join us at the Southeast Community Center for a day of inspiration, education, and action. Featuring keynote speaker Dwayne Estes of the Southeastern Grasslands Institute, this year's symposium explores how native plants can restore biodiversity and build resilient communities across Middle Tennessee.
Located at the Southeast Community Center. Visit <a href="http://nashvillenativeplantsymposium.org/">nashvillenativeplantsymposium.org/</a> to register.		
<b>Nature Center Clothing Swap</b>	Saturday, August 22 9:30 - 11 am All Ages RSVP preferred for donations	Calling all thrifters! Bring <i>gently used</i> donations to the Nature Center for a community clothing swap. Accessories, books, games, and puzzles are all welcome as well. Please register if you are planning to bring donations; otherwise, no need to register! Leader: Seasonal Naturalist Patrick Oakes
<b>Nature Center Jazz Jam</b>	Saturday, August 22 12 - 2 pm All Ages No Registration Required	Join us for our first Nature Center Jazz Jam! Come to play or to enjoy the music. All experience levels and all acoustic instruments are welcome. Leader: Seasonal Naturalist Patrick Oakes
<b>Relaxing Sound Bath</b>	Saturday, August 22 4 - 5 pm Ages 13+	Join certified sound healing facilitator and professional upright bass player John Paul for a vibey sound bath in the Nature Center featuring crystal singing bowls, upright bass, chimes, ukulele and more. Leader: Volunteer John Paul ( <a href="#">Sunblink Sounds</a> )
To register, visit <a href="http://rebrand.ly/SBNCsound">rebrand.ly/SBNCsound</a>		
<b>Fun with the Fishes</b>	Saturday, August 29 9 - 11 am Registration Required All Ages	Come learn about some of our fish friends in Lake Sevier and the Cumberland River! We'll be taking a close look at what species call these areas home, why they're so cool, and why they are important to our ecosystems. Leader: Seasonal Naturalist Patrick Oakes
<b>Ecology Board Game Café</b>	Saturday, August 29 9 am - 12 pm Ages 6+ No Registration Required	Come enjoy iced or hot drinks and ecology-themed board games. Play a game we own or bring one with you; come with friends or make some new ones! Most of our games are rated for 13 and up, but we have options for younger participants as well. Leader: SBNC Staff



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