

Beaman Park Nature Center

Fall 2026 Schedule of Programs

All programs are free unless otherwise noted

Contact Beaman Park for more information at:

- Telephone 615-862-8580
- Email beamanpark@nashville.gov

September 2026

9/5/26

Nature Collage

10 am-2 pm

All ages welcome

9/10/26

Fall Wildflowers of Henry Hollow

9-11 am

Adults welcome

9/12/26

Autumn on the Laurel Woods Trail (7.5 mile hike)

9 am-1 pm

Adults welcome

9/12/26

Nature Tent: Bats

10 am-Noon

All ages can drop in

9/12/26

Forest Bathing

10 am-Noon

Adults welcome

\$25 donation to Friends of Beaman Park

9/19/26

Yoga on the Deck

9-10:15 am

Adults welcome

\$15 donation to Friends of Beaman Park appreciated

9/19/26

ARR You a Naturalist?

11 am-Noon

All ages welcome

9/24/26

Sunset Yoga

5:30-7:30 pm

Adults welcome

\$15 donation to Friends of Beaman Park appreciated

9/26/26

Fall for Photography Hike

1-2:30 pm

Adults welcome

9/26/26

Full Corn Moon Hike

6:30-8:30 pm

Ages 8 and over welcome

9/30/26

Women's Hiking Series: Facing Your Fears

6 pm

Adults welcome

October 2026

10/3/26

Fall Birds of Beaman Park

9-11 am

Adults welcome

10/3/26

Nature Journaling

10-11:30 am

All ages welcome

10/9/26

Picnic and a Show

6:30 pm

All ages welcome

10/10/26
Forest Bathing
10 am-Noon
Adults welcome
\$25 donation to Friends of Beaman Park

10/10/26
Tree Leaf Scavenger Hunt
10 am-2 pm
All ages can drop in

10/10/26
Ole Time Jam on the Back Porch with the Nashville Ole Time String Band
1-3 pm
All ages can drop in

10/13/26
Kids' Survival Skills
9 am-Noon
Ages 8 and up MUST REGISTER at outdoorrecreation@nashville.gov

10/14/26
Homeschool Day: Trees
10 am-Noon
Ages 5 and up can drop in

10/14/26
Sunset Yoga
5:30-7:30 pm
Adults welcome
\$15 donation to Friends of Beaman Park appreciated

10/14/26
Women's Hiking Series: Night Hiking
6 pm
Adults welcome

10/15/26
Colors of the Ridgeway
10 am-Noon
Ages 5 and up are welcome

10/16/26

Hike Henry Hollow
9:30-11:30 am
All ages welcome

10/16/26
Campfire and Astronomy with BSAS
6:30-8:30 pm
All ages welcome to drop in

10/17/26
Yoga on the Deck
9-10:15 am
Adults welcome
\$15 donation to Friends of Beaman Park appreciated

10/17/26
Sports and S'mores
1-4 pm
All ages welcome

10/24/26
Go With the Flow
Time TBD
Adults welcome

10/30/26
Cryptids Hike
6-8 pm
Adults welcome

10/31/26
Yoga on the Deck
9-10:15 am
Adults welcome
\$15 donation to Friends of Beaman Park appreciated

10/31/26
Insect Costume Contest
9 am-3 pm; judging at 2 pm
All ages welcome

November 2026

11/3/26

Homeschool Day: Seeds of Fall
10 am-Noon
Ages 5 and up welcome

11/3/26
Campfire Sing-a-long
6:30-8 pm
All ages welcome

11/7/26
Beautify Beaman Volunteer Event
9 am-Noon
Adults welcome

11/7/26
Forest Bathing
10 am-Noon
Adults welcome
\$25 donation to Friends of Beaman Park

11/7/26
Watch the Bird Feeders with Us
10 am-1 pm
All ages are welcome to drop in

11/7/26
Overnight Camping at the Proctor Barn
Saturday, 5 pm, until Sunday, at 10 am
Ages 5 and up with a parent
Call the Nature Center for details or to register

11/12/26
Sunset Yoga
5:30-7:30 pm
Adults welcome
\$15 donation to Friends of Beaman Park appreciated

11/14/26
Yoga on the Deck
9-10:15 am
Adults welcome
\$15 donation to Friends of Beaman Park appreciated

11/14/26

Hot Cocoa by the Fire
Noon-2 pm
All ages welcome to drop in

11/18/26
Women's Hiking Series: Packing Your Own Pack
6 pm
Adults welcome

11/20/26
Firecrafting
10-11 am
Ages 8 and up welcome

11/21/26
The WHOLE Laurel Woods Trail
9 am-2 pm
Adults welcome

11/24/26
Full Beaver Moon
5:30-7:30 pm
Ages 8 and over welcome

