

MINUTES
METROPOLITAN EMPLOYEE BENEFIT BOARD
MEDICAL & LIFE COMMITTEE

August 18, 2026

The Metropolitan Employee Benefit Board's Medical & Life Committee met on Tuesday, August 18, 2026, in the Sonny West Conference Room, 700 President Ronald Reagan Way, Nashville, TN at approximately 9:36 a.m.

Committee Members present: Chair Harold W. Finch, II; Members: B.R. Hall, Sr., Shannon Hall, Bradley Pinson and Robert Weaver. Alternate(s): and Jonathan Puckett.

Vice-Chair G. Thomas Curtis was unable to be present.

Others present: Christina Hickey, Metro Human Resources, Nicki Eke and Abbey Greer, Metro Legal Department.

The Human Resources staff submitted the following for the Committee's consideration and appropriate action:

1. Public Comment Period

A maximum of five (5) persons who write their names on the sign-up sheet provided at the meeting will be allowed to comment on matters that are germane to items on the Agenda. Comments are limited to a maximum of two (2) minutes per person. To provide comment, you must sign up prior to the beginning of the meeting.

There were no public comments.

2. Self-insured Cigna HRA plan – Dependent of an Employee from Police Department.

Christina Hickey reported to the Committee that a dependent of an employee from MNPDP, who is participating in the self-insured Cigna HRA plan, was denied coverage of the Inpatient Behavioral Health Level of Care, Child or Adolescent, ORG: B-902-IP services for the dates of service: 01/16/2026 through 01/20/2026. She stated that previously, this request and grievance for this coverage was denied.

The provider, Laurel Heights Hospital, is appealing the Cigna HRA plan denial and has supplied documentation on their appeal. Cigna has also supplied documentation on the denial.

Paul Huffman, Cigna, was present. He stated that this was requested by the facility and based upon the clinical information that was given to Cigna and the Medical Director it did not meet the guidelines of medical necessity for the continuous stay at the facility for that level of care and therefore those dates requested by the facility were not approved. He also stated that if this was an in-network facility

The employee was not present.

Paul Huffman said the patient can agree to pay when insurance doesn't approve for the dates and he reiterated that this is a request from the facility and not the employee.

There was some discussion of any process in place in case the facility continued to bill the patient.

After some discussion of challenges with getting in touch with the case worker to justify if any additional days were covered and if they signed anything regarding the coverage

After some discussion of the question that is actually before the Committee and medical necessity,

Christina Hickey stated that when she reached out to the employee they were not aware of this appeal and had signed a form to let them appeal on their behalf, She also noted that the member does not have custody of the child at the moment and custody has been put with the state.

Shannon Hall moved to defer this item pending more information from Cigna and the member. Bradley Pinson

seconded and the Committee approved without objection.

With nothing further presented, the meeting adjourned at 9:57 a.m.

ATTEST:

APPROVED:

Shannon B. Hall, Director
Human Resources

Harold W. Finch, II, Chair
Medical & Life Committee