

Archaeology Day

Saturday, September 26

10 A.M. - 3 P.M.

Age Level: All ages

Come be an Archaeologist for a day at Bells Bend Park! Learn about local history and Archaeology through hands-on activities for the whole family.

Email bellsbend@nashville.gov or Call to register 615.862.4187

Mid-TN Moth Meetup

Saturday, October 3

6:30 P.M.

Join our group of moth enthusiasts as we see what species we find as we're heading into cooler temperatures. There is no formal instruction, so please contact us if you're interested but inexperienced.

Leader: Lise Brown

Age Level: Adult, 13+

Email bellsbend@nashville.gov or call to register 615.862.4187

Saturday, October 10

9:30 A.M. - 3 P.M.

Age Level: All ages

Farm Day 2026

This year's festivities will include many of our past traditions: farm animals, hayrides, tractors and farm machinery, demonstrations including blacksmithing and corn shelling, music, and local vendors. New this year will be an AgSimulator where users sit inside a real harvester cab simulator to experience harvesting crops like corn, cotton, and hay with

audio-visual simulations. We encourage all, young and old, to join us for this full day of fall farm festivities including demonstrations and tractors!

Registration not required email bellsbend@nashville.gov with questions

Fall Mountain Biking Camp

October 12-15th

9 A.M. – 3 P.M.

Age Level: 12-17

For more information, please contact Lt. Ryan Storm ryan.storm@nashville.gov

www.nashvillepal.com

The Nashville Police Activities League is excited to begin a mountain bike program, which will introduce children to the sport of off-road cycling. This camp will focus on mountain bike fundamentals, athletics, trail building and conservation, goal setting, emotional regulation, and more! Participant selection will be based on need and access to the sport. There is no cost to attend this camp.

For more information, please contact Lt. Ryan Storm ryan.storm@nashville.gov Park Leader: Sarah Bellos

Climbing Day

Wednesday, October 14

1 P.M. -3 P.M.

Age Level: All Ages

Please email outdoorrec@nashville.gov or call 615-642-9745 to register.

Whether a beginner or a pro, this is the program for you! Come check out Bells Bend Outdoor Center's indoor climbing wall with our auto belay system and outdoor boulder. We'll have the crash pads set up and ready to go. Shoes, chalk, etc. not provided. We will have harnesses available for use on the indoor wall.

Leader: Krista Allen, Outdoor Nashville

Sketch Up!

Nature Journaling: Practicing Watercolor

Saturday, October 17

9:30 A.M. -12:30 P.M.

Age Level: Adult, 13+

Email bellsbend@nashville.gov or call to register 615.862.4187

Liven your pages with luscious colors! Whether you're terrified of watercolors or a pro who just wants to hang out and paint, we'll have fun together. We'll cover tips for painting in the field, too. All skill levels and styles welcome. Guided by an artist/naturalist. BYO supplies or use ours.

We'll meet indoors if it rains.

Leader: Lise Brown

Creepy-Crawly Family Hike

Saturday, October 24

11 A.M. - 12 P.M.

Age Level: All ages

Email bellsbend@nashville.gov or call to register 615.862.4187

Explore the critters that are often associated with "spooky season" with a park naturalist!

Leader: Cheryl Medley

Mid-TN Moth Meetup

Saturday, November 7

4:30 P.M.

Age Level: Adult, 13+

Email bellsbend@nashville.gov or call to register 615.862.4187

Join our group of moth enthusiasts as we see what species we find in cooler temperatures. There is no formal instruction, so please contact us if you're interested but inexperienced.

Leader: Lise Brown

Science Saturday: Bird & Nature Photography

Saturday, November 7

9:30 A.M. - 2:00 P.M.

Age Level: Adult, 13+

Email bellsbend@nashville.gov or call to register 615.862.4187

Watch our Instagram for more details! Expert photographers will present programs for different skill levels and special interests.

Star Party

Saturday, November 14

6 P.M. - 8 P.M.

Age Level: All ages

Email bellsbend@nashville.gov or call to register 615.862.4187

Join the members of Barnard-Seyfert Astronomical Society for a night of stargazing. Many telescopes and displays will be available for up-close star viewing.

Leader: BSAS and park staff

The First Tennesseans Saturday

Saturday, November 14

10 A.M. - 11 A.M.

Age Level: All ages

Email bellsbend@nashville.gov or call to register 615.862.4187

This program introduces children to the Paleo through Mississippian cultures that inhabited Tennessee before European contact. Included will be First Peoples technologies such as the atlatl.

Leader: Sarah Bellos

Sketch Up! Nature Journaling: Moving Animals

Saturday, November 21

9:30 A.M. - 12:30 P.M.

Age Level: Adult, 13+

Email bellsbend@nashville.gov or call to register 615.862.4187

How can you illustrate an animal that skedaddles so fast? We'll learn tips and tricks as we practice observing and sketching animals on trail cam videos. All skill levels and styles welcome. Guided by an artist/naturalist. BYO supplies or use ours. We'll meet indoors for all or most of the program.

Leader: Lise Brown

Autumn Book Club

Saturday, November 21

1 P.M. - 2 P.M.

Age Level: Adult, 13 +

Call to register

Buzzkill : A Wild Wander through the Weird and Threatened World of Bugs by Brenna Maloney. You'll never think about insects the same again after this hilarious and quick read! This absorbing look at these fascinating creatures who are vital to our way of life is marketed to a younger audience but also excellent for adults.

Leader: Lise Brown & LinnAnn Welch

Full Moon Hike

Tuesday, November 24

5 P.M. - 7 P.M.

Age Level: 8+

Please email outdoorrec@nashville.gov or call 615-642-9745 to register.

Experience Bells Bend Park under the glow of the November full moon! Join us for an evening hike through the park as we explore the trails by moonlight, look for prominent constellations, and learn how to orient ourselves using the night sky. We'll enjoy the peaceful nighttime landscape while discovering how the moon and stars connect us to the natural world around us.

Leader: Krista Allen, Outdoor Nashville