

MINUTES

METROPOLITAN EMPLOYEE BENEFIT BOARD

MEDICAL AND LIFE COMMITTEE

September 15, 2026

The Metropolitan Employee Benefit Board's Medical & Life Committee met on Tuesday, September 15, 2026, in the Sonny West Conference Room, 700 President Ronald Reagan Way, Nashville, TN at approximately 10:15 a.m.

Committee Members present: Chair Harold W. Finch, II; Vice-Chair G. Thomas Curtis; Members: B.R. Hall, Sr., Shannon Hall, and Robert Weaver. Alternate(s): and Jonathan Puckett.

Bradley Pinson was unable to be present.

Others present: Christina Hickey, Metro Human Resources, Nicki Eke and Abbey Greer, Metro Legal Department.

The Human Resources staff submitted the following for the Committee's consideration and appropriate action:

1. Public Comment Period

A maximum of five (5) persons who write their names on the sign-up sheet provided at the meeting will be allowed to comment on matters that are germane to items on the Agenda. Comments are limited to a maximum of two (2) minutes per person. To provide comment, you must sign up prior to the beginning of the meeting.

There were no public comments.

2. Self-insured Cigna HRA plan – Dependent of an Employee from Police Department.

Christina Hickey reported to the Committee that this item was deferred from the last Committee meeting pending additional information. She reported to the Committee that a dependent of an employee from MNPd, who is participating in the self-insured Cigna HRA plan, was denied coverage of the Inpatient Behavioral Health Level of Care, Child or Adolescent, ORG: B-902-IP services for the dates of service: 01/16/2026 through 01/20/2026. She stated that information was received from Cigna regarding the case worker, however, nothing was received from the dependent's parent.

The employee was not present.

Paul Huffman, Cigna, was present. He stated that the case worker referenced has something to do with guardianship and they are not aware if the parent signed anything taking responsibility for any amounts not covered by insurance.

There was some discussion of the dependents condition, the treating physician's request for the additional days of treatment, custody issues, reasonable discretion with this case and setting a precedent by allowing a facility to make such requests.

There was some discussion of the question that is actually before the Committee and medical necessity.

Harold Finch moved to overturn the denial and cover the claim. B.R. Hall seconded and the Committee approved without objection.

With nothing further presented, the meeting adjourned at 10:25 a.m.

ATTEST:

APPROVED:

Shannon B. Hall, Director
Human Resources

Harold W. Finch, II, Chair
Medical & Life Committee