Good Water Makes Good Coffee

Sept 29th, earlier this week, we celebrated National Coffee Day. In light of this, we want to talk a little bit about how Metro Water plays a role in getting your cup of coffee in your hands.

Every morning in Nashville begins with a familiar ritual. Maybe it's the click of a coffee maker in an office, the hiss of an espresso machine in a bustling coffee shop, or the comfort of a warm mug at home. But behind every cup is an ingredient even more important than the beans themselves: water.

Water makes up nearly the entire drink! Water makes up about 98% of a regular cup of coffee and around 90% of an espresso. That means the character of your morning brew is shaped long before it reaches your favorite café. It starts with the quality of the water flowing through Nashville's pipes.

Most of us credit roasters, baristas, and coffee shops for that perfect cup and while your barista probably did do an amazing job making your favorite latte, Metro Water Services has already played a major part in its creation. The mineral balance and consistency of Nashville's water directly affect how flavors extract, how espresso machines perform, and how coffee tastes.

Minerals like calcium and magnesium help pull rich flavors from coffee grounds. Water that's too soft can leave coffee tasting flat or sour, while water that's too hard can make it bitter or muddy.

Clean water also protects the equipment that makes your drink possible. Espresso machines rely on treated water to prevent scale buildup and keep boilers, steam wands, and filters running smoothly. And water isn't just in your cup; it rinses reusable mugs, creates the ice in your cold brew, powers the steam that froths your milk, and cleans the grinders and portafilters that baristas use throughout the day. Water is involved in almost every step of the coffee making process!

Can you imagine starting your day without coffee? I know I don't want to.

So, tomorrow morning, when you take that first sip, remember: good water makes good coffee. And that good water is brought to you by Metro Water Services.

We're powering Nashville by filling mugs all over the city.